

# Magnum Shooting Academy

## Business Self-Loading Rifle – S.L.R Course – Total- 50 Rounds

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### Fundamentals

<b>Stance</b>	<b>Boxer– Weaver</b>
<b>Grip</b>	<b>Four point weld – Right hand/Left hand</b>
<b>Sight Alignment</b>	<b>Equal Height-Equal light</b>
<b>Sight Picture</b>	<b>Focus on the front sight- Front sight in focus</b>
<b>Trigger Control</b>	<b>Trigger not too far- Squeeze to the rear</b>
<b>Breathing</b>	<b>Breath in &amp; out normally- don't hold breath</b>
<b>Follow through</b>	<b>Continue to do what you have done 1-2 sec after the shot has fired</b>

### Dry Drills

<b>Safety Inspection</b>
<b>Cock lever x5 –Open hand</b>
<b>Insert empty mag</b>
<b>Fill magazine dummy rnds –Unload rnds mag</b>
<b>Insert Mag into firearm x5</b>
<b>Remove Mag from firearm x5</b>
<b>Load dummy round into chamber</b>
<b>Simulate firing the Rifle</b>
<b>Simulate Malfunction with dummy rnds</b>
<b>Unloading process</b>
<b>Explain firearm condition of carry -1/2/3/4</b>

## Course of fire –Training – 40 Rnds

Distance	Position	No. Rnds	Time	Targets
10m	Standing	5	0	A4
Fill magazine and SL-Rifle with 5 rnds and on command Fire 1 rnd – Unload each shot				

Distance	Position	No. Rnds	Time	Targets
10m	Standing	5	10 sec	A4
Load SLR- on command Fire 5 rnds – Unload				

Distance	Position	No. Rnds	Time	Targets
10m	Standing	5+1	10 sec	A4
Load SLR-on command Fire 5 rnds – Correct Malfunction drill using dummy rnd				

Distance	Position	No. Rnds	Time	Targets
10m	Standing	5	10 sec	A4
Load SLR- on command fire 5 rnds from a kneeling position-Unload show clear				

Distance	Position	No. Rnds	Time	Targets
10m	Standing	5+5	20 sec	A4
5 rnds mag change 5 rnds – Unload and show clear				

Distance	Position	No. Rnds	Time	Targets
10m	Standing kneeling	5+5+2 dummy rnds	25 sec	A4
5 rnds standing- I.A.D –Mag change -5 rnds kneeling –I.A.D– Unload each shot				

### 1<sup>st</sup> Qualification Shoot

Distance	Position	No. Rnds	Time	Targets
10m	Standing	10	0	A4
On command load & Fire 10 rnds – Unload and show clear - No assistance – Learner must complete				

### 2nd Qualification Shoot if needed

Distance	Position	No. Rnds	Time	Targets
10m	Standing	10	0	A4
Fire 10 rnds – Unload and show clear - No assistance – Learner must complete				