

QUALIFICATION SHOOT – SELF-LOADING RIFLE OR CARBINE

80% - Basic level instructor (this is also the minimum requirement for a Range officer)

81% - 90% Intermediate level instructor

91% - 100% Advanced level instructor

Exercise 1

| DISTANCE | POSITION | NO OF ROUNDS | TIME | TARGETS |
|----------|-----------|--------------|------------|---------|
| 10m | Standing. | 5 | 8 seconds. | 1 A4 |

The firearm is presented and 5 rounds are fired. All 5 rounds must be fired in a time of 8 seconds.

Exercise 2

| DISTANCE | POSITION | NO OF ROUNDS | TIME | TARGETS |
|----------|-----------|--------------|------------|---------|
| 10m | Kneeling. | 5 | 8 seconds. | 1 A4 |

You will present the firearm and go into a kneeling position. 5 rounds are to be fired in a time of 8 seconds.

Exercise 3

| DISTANCE | POSITION | NO OF ROUNDS | TIME | TARGETS |
|----------|-----------|--------------|------------|---------|
| 10m | Standing. | 5 | 8 seconds. | 1 A4 |

The firearm is fired from the weak shoulder/support shoulder. 5 rounds will be fired in a time of 8 seconds.

Exercise 4

| DISTANCE | POSITION | NO OF ROUNDS | TIME | TARGETS |
|----------|-----------|--------------|-------------|---------|
| 20m | Standing. | 10 | 10 seconds. | 1 A4 |

The firearm is to be presented and 10 rounds are fired. All 10 rounds are to be fired in a time of 10 seconds.

Exercise 5

| DISTANCE | POSITION | NO OF ROUNDS | TIME | TARGETS |
|----------|-----------|--------------|-------------|---------|
| 20m | Standing. | 5 + 5 | 20 seconds. | 1 A4 |

With 5 live rounds and 1 dummy round in each magazine, the firearm is presented and all 10 rounds are to be fired in a time of 20 seconds, carrying out the immediate action drills and magazine change when necessary.

Exercise 6

| DISTANCE | POSITION | NO OF ROUNDS | TIME | TARGETS |
|----------|---------------------|--------------|-------------|---------|
| 25m | Standing and prone. | 5 + 10 | 25 seconds. | 1 A4 |

The firearm is presented and 5 rounds will be fired from the standing position. You will then go into the prone position and fire 10 rounds. All 15 rounds must be fired in a time of 25 seconds.

Scoring and marking shall be the same as explained on the Handgun Shoot.